

## 7. Winterlaufserie 2020

### 5 Km Lauf am 16.02.2020

#### Serienwertung

Rng	Name, Vorname	Verein/Ort	Jg	1. Lauf 19.01.2020	2. Lauf 16.02.2020	Ergänzungslauf 15.03.2020	3. Lauf 29.03.2020	Summe
1	Heinz, Philipp	LTV Erfurt	1987	18:36,0	18:36,3	-	-	00:37:12
2	Sippel, Mark Andree		1992	18:58,0	19:17,4	-	-	00:38:15
3	Stiebing, Fabian	Laufteam Kassel	2000	19:16,0	19:24,6	-	-	00:38:41
4	Ernst, Marcel	Lauffeuer Fröttstedt	1986	19:35,0	19:25,1	-	-	00:39:00
5	Schaper, Marie	LTV Erfurt	1991	19:57,0	20:25,0	-	-	00:40:22
6	Fuckner, Andre	TV 03 Breitenbach	1994	19:55,0	20:37,2	-	-	00:40:32
7	Engler, Luca	TV 03 Heringen	2005	21:05,0	20:33,6	-	-	00:41:39
8	Sattler, André	Hünfelder SV	1975	21:26,0	21:08,5	-	-	00:42:35
9	Spevazek, Ralf	SC Neuenstein	1962	22:34,0	21:59,3	-	-	00:44:33
10	Spangenberg, Marc	Bad Hersfeld	1973	22:13,0	22:33,3	-	-	00:44:46
11	Weber, Pia	TV 03 Heringen	2001	22:22,0	23:42,7	-	-	00:46:05
12	Heinzerling, Jan-Luca	LC Marathon Rotenburg	2002	22:23,0	24:13,8	-	-	00:46:37
13	Peter, Fabian	SG Werratal	1998	24:45,0	22:27,7	-	-	00:47:13
14	Schneider, Andreas	Fitnessclub Wildeck	1982	24:44,0	23:13,2	-	-	00:47:57
15	Schlossarek, Max	SG Werratal	1999	25:12,0	24:04,4	-	-	00:49:16
16	Offer, Marion	LC Marathon Rotenburg	1973	25:58,0	25:42,6	-	-	00:51:41
17	Fischer, Lars	TV 03 Heringen	1998	26:31,0	25:56,7	-	-	00:52:28
18	Frodermann, Lea		2003	26:39,0	26:30,0	-	-	00:53:09
19	Thenert, Inken	TV Obersuhl	1979	27:10,0	26:47,5	-	-	00:53:58
20	Lang, Silke	SC Neuenstein	1972	27:54,0	27:58,9	-	-	00:55:53
21	Thenert, Frank	TV Obersuhl	1978	28:38,0	28:02,4	-	-	00:56:40
22	Trebert, Manfred	VfL Philippsthal	1953	29:05,0	27:51,7	-	-	00:56:57
23	Nattmann, Pablo		2009	28:58,0	29:58,7	-	-	00:58:57
24	Franke, Claudia	TV 03 Heringen	1976	29:00,0	30:01,4	-	-	00:59:01
25	Zoll, Silke	TV 03 Heringen	1957	29:56,0	30:03,1	-	-	00:59:59
26	Offer, Christian	LC Marathon Rotenburg	1966	31:03,0	32:44,5	-	-	01:03:48

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27	Wöhner, Verena	SV 1930 Frauensee	1961	31:18,0	32:35,7	-	-	01:03:54
28	Hopf, Matthias	TV 03 Heringen	1967	32:48,0	33:06,4	-	-	01:05:54
29	Göbel, Janine	IGS Schlitzerland	1984	36:43,0	35:30,5	-	-	01:12:14
30	Matthäi, Elfi	SC Neuenstein	1954	36:18,0	36:06,4	-	-	01:12:24
31	Severloh, Maja	Hünfelder SV	2003	-	19:45,7	-	-	00:19:46
32	Reschke, Patrick	ESV Gerstungen	1994	-	20:16,0	-	-	00:20:16
33	Beck, Torben	TV 03 Heringen	1990	21:08,0	-	-	-	00:21:08
34	Wiegand, Jonathan	SVS Lustige Läufer	1995	21:45,0	-	-	-	00:21:45
35	Lang, Gernot	SC Neuenstein	1966	21:56,0	-	-	-	00:21:56
36	Schneider, Marco	Radroo Team	1972	22:17,0	-	-	-	00:22:17
37	Reinmüller, Nils	TV 03 Heringen	2005	-	22:29,2	-	-	00:22:29
38	Klotzbach, Maik	Sportlichster P. Deutschlands	1985	22:51,0	-	-	-	00:22:51
39	Köppert, Markus	TC Schenklengsfeld	1976	-	23:05,9	-	-	00:23:06
40	Franke, Stephan	TV 03 Heringen	1971	-	24:09,8	-	-	00:24:10
41	Finger, Jonas		2004	-	24:29,9	-	-	00:24:30
42	Künarsch, Stefan	SG Werratal	1989	24:44,0	-	-	-	00:24:44
43	Kühnel, Florian	Heringen	2000	24:45,0	-	-	-	00:24:45
44	Lindner, Karolin	TV Obersuhl	2003	24:59,0	-	-	-	00:24:59
45	Seitz-Adam, Carmen	Wehrshausen	1970	25:02,0	-	-	-	00:25:02
46	Seehafer, Michael	SC Neuenstein	1956	-	25:09,2	-	-	00:25:09
47	Künarsch, Michael	SG Werratal	1993	-	25:18,2	-	-	00:25:18
48	Weitz, Valentin	TV Barchfeld	2006	25:23,0	-	-	-	00:25:23
49	Heimbürger, Cornelia	SG Stern Gaggenau	1991	-	25:24,5	-	-	00:25:25
50	Wöhner, Ralf	SV 1930 Frauensee	1962	25:28,0	-	-	-	00:25:28
51	Wiegand, Lucian	SG Werratal	1999	-	25:39,0	-	-	00:25:39
52	Mey-Sandroch, Marina	LC Marathon Rotenburg	1985	-	25:48,1	-	-	00:25:48

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53	Schölling, Jörn		1978	25:51,0	-	-	-	00:25:51
54	Hohmann-Severloh, Marion	Hünfelder SV	1970	-	26:09,4	-	-	00:26:09
55	Kunaschewski, Jens	TSW	1981	26:16,0	-	-	-	00:26:16
56	Kavalirek, Celina	Hünfelder SV	2002	-	26:39,7	-	-	00:26:40
57	Lange, Julia	TV 03 Heringen	2003	27:04,0	-	-	-	00:27:04
58	Von der Au, Michael		1977	27:45,0	-	-	-	00:27:45
59	Frenzel, Marvin	TV 03 Heringen	2006	-	27:55,0	-	-	00:27:55
60	Möller, Nancy		1981	29:25,0	-	-	-	00:29:25
61	Diegel, Nicole		1977	-	29:55,4	-	-	00:29:55
62	Gehlhaar, Jan	Karin Ritter eV	1993	30:20,0	-	-	-	00:30:20
63	Otto, Lara		2000	-	31:55,3	-	-	00:31:55
64	Ludwig, Noah		2001	-	32:18,3	-	-	00:32:18
65	Stein, Nina	Triathletenschmiede Werratal e.V.	1983	32:49,0	-	-	-	00:32:49
66	Hilmes, Anneke	Triathletenschmiede Werratal e.V.	1989	-	36:03,9	-	-	00:36:04
67	Müller, Markus		1974	-	36:36,7	-	-	00:36:37
68	Strippel, Markus		1979	37:06,0	-	-	-	00:37:06
69	Heilke, Alexander	Karin Ritter eV	1997	44:01,0	-	-	-	00:44:01